



HEALTHY CITIES, TOWNS, REGIONS ARE ...

- ... HAPPY
- ... INCLUSIVE
- ... SMART
- ... CREATIVE
- ... LEARNING
- ... VISIONARY
- ... SUSTAINABLE
- ... SAFE
- ... AGE-FRIENDLY
- ... GREEN
- ... EMPOWERED
- ... RESILIENT

Healthy Cities and Regions implement



OUR TOPICS

Sustainable Development and Quality Management

We provide our partners with methodological guidance to apply the principles of **sustainable development** in practice and to manage the quality of public service. We integrate Local **Agenda 21** with other **programmes, initiatives and methods** in accordance with methodological recommendations of the Ministry of the Interior and with national and foreign practice.

Regarding **strategic planning and management, project or process management**, we can offer a number of recommendations and provide tailor-made consultations and assistance to our member cities/regions.

Health Promotion

We consider health and its systemic promotion by cities and regions as an integral part of the **quality of life**. Why and how to carry out health promotion, health literacy and prevention? We implement locally the inspirations and recommendations of the World Health Organization (WHO) and of our national and regional partners.

Participation, Partnership, Sharing

As for **community participation**, we offer proven methodologies and direct cooperation and assistance: roundtables, public or school fora, participatory budgeting, community projects, (community development plans and much more – we make good use of our 25-year practical experience in working with cities and regions.

Sharing of **good practice, experience and inspiration** is our chief mission - events, sharing of topics, inspiration databases, trainings, info service and much more about the topics that do interest you.

SERVICE TO OUR MEMBERS



The Healthy Cities web portals offer...

- ... best practice and interesting inspirations
- ... examples of thematic strategies and concepts
- ... useful links to national and foreign sources of information
- ... possibilities of joining thematic e-conferences and webinars, following Facebook, videos... and much more

Sustainable Development Gallery

INSPIRATIONS FROM CITIES,
TOWNS AND REGIONS
www.udrzitelne-mesto.cz

Healthy Cities Methodology

GUIDELINES FOR CZECH
HEALTHY CITIES, TOWNS,
REGIONS
www.metodika.zdravamesta.cz

DataPlan

CZECH HEALTHY CITIES'
PORTAL FOR SUSTAINABLE
DEVELOPMENT
www.dataplan.info

Database of Strategies

PORTAL OF STRATEGIC
DOCUMENTATION
IN CZECH REPUBLIC
www.databaze-strategie.cz